The Magic of Play: Enhancing NCS Children's Learning Ability & Parent-child Relationships Through Play at Home

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As a parent, have you ever thought that ....

- playing is meaningless for children?
- playing is a waste of time?
- playing is only about toys?
- playing is none of my business?

## The Power of Play

# Invest in the P.L.A.Y.'s as the foundation of the ABC's and 1-2-3's

## S. P. I. C. E.

### Play is of great value to children's

- Social development
- Physical development
- Intelligence
- Creativity
- Emotion

### Play can create a happy childhood by

- Stress Relief
- Physical Contact
- Interest
- Creating Memory
- Enthusiasm

## What is Play?

## Play is:

- Spontaneous
- Self-directed
- Free
- Improvisation
- Purposeless

Play belongs to children. Play is development.

## Play Together

The best time for parents to build relationships with their children is in childhood, and the most effective platform is play.

Children are by nature, keen on playing, if parents can play with their children, children will also feel the importance of their parents, and the relationship established by each other will be deeper, closer, and more solid.

Games can be seen as a unique gift from mom and dad to their children.

This gift is very rich in content, including time, thought, patience, companionship, understanding, tolerance, acceptance and selfless dedication to the child.

For children, this gift is called play, and for parents, this gift is called relationship.

#### 7歲或以上

規則性遊戲 Play with Rules

#### 4至7歲

裝扮、社會想像遊戲 Dramatic Play, Socio-Dramatic Play

#### 2至4歲

象徵性、建構性遊戲 Symbolic Play, Construction Play

#### 初生至2歲

功能性、操控性遊戲 Functional Play, Manipulative Play

#### Cooperative Play:

Play games with playmates with rules, and even win and lose, and children will discuss, research, arrange, and divide labor to achieve the common goal of "continuing the game"

#### Symbolic Play:

Start interacting with playmates, or exchange toys, but there is no clear division of labor or systematic organization

#### Parallel Play:

It seems that each has its own play, but the children's game materials, play, and forms are very similar, and they do not communicate with each other and have no intention of influencing each other

#### **Solitary Play**:

Play alone without interactions with others

After understanding the various forms of children's play, parents can cooperate in different ways according to the following list:

- Age 0 2
  Parents need to be by their side
- Age 2 4 Parents need to play like them
- Age 4 6 Parents need to play with them
- Age 6 or above Parents need to work hard with then

## How to Play?

Play in the Daily Routine

Play with Simple Things

Play with Anytime, Anywhere, Anything

## Big Learning from the Small game

## **Useful Skills**

### Eye

Snoop on the children in the game to understand the child's playing condition

### Ear

Hear children's feelings, ideas, expressions, discoveries, etc.

### Hand

Provide appropriate materials and environment at an appropriate time, and also beware of the safty

### Brain

Consider the form of participation according to the child's age, preferences and characteristics

### Nose

Take a deep breath to adjust your mood and tone to make the reminder clear and appropriate

### Mouth

Say something positive to give recognition and support, which can also be another source of motivation for the

## Tips for you

Put your phone down when you play with your children.

Cherish the time to play and get along with your children, and make the most of your time.

Let the children play & Play with the children

#### References:

#### Videos

- Children speaking about the importance of play <a href="https://www.youtube.com/watch?v=sby38BbLZuY">https://www.youtube.com/watch?v=sby38BbLZuY</a>
- Playworks Presents: The Slippery Fish Game and Song <a href="https://www.youtube.com/watch?v=MfqC0X-F0cU">https://www.youtube.com/watch?v=MfqC0X-F0cU</a>
- 居家小遊戲 有扎橡筋跌落水 Parent-child game rubber band lifeguard https://www.youtube.com/watch?v=IAhF0SsC0ml
- 10 Indoor Activities for kids | Fun Indoor games | games for kids | Minute to Win It Games for kids | https://www.youtube.com/watch?v=HcACrogWYcs
- Energy Busting Indoor Games & Activities For Kids https://www.youtube.com/watch?v=\_PobWSUG2WY
- Simple And Fun Game Activities For Kids with Dad <a href="https://www.youtube.com/watch?v=AtKtUKbrnkw">https://www.youtube.com/watch?v=AtKtUKbrnkw</a>
- Baby Xavi and Anna & 9 fun games for babies can play at home without expensive Play with me https://www.youtube.com/watch?v=ijiEDpH8yV0
- The Value of Play <a href="https://www.youtube.com/watch?v=t9pLTN1Nsb4">https://www.youtube.com/watch?v=t9pLTN1Nsb4</a>

#### **Booklets**

- 余啟賢 (2016):《遊戲說明書》,檢自https://www.playright.org.hk/wp-content/uploads/2020/08/Playright-Playful-Parent-Play-Manual.pdf,檢索日期: 2022.11.30
- 好玩爸媽團隊 (2020): 《好玩實用指南 初生至7歲版本》,檢自https://www.playright.org.hk/wp-content/uploads/2020/07/Playright-Playful-Parent-CWD-2020-Practical-Guide-1-to-7.pdf,檢索目期: 2022.11.30